

REGISTRATION

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Daytime Phone: _____

Registration includes all retreat sessions and public presentations, lunch on Friday, snacks during retreat sessions.

Your non-refundable registration fee must be received by October 1. The retreat will be an intimate gathering with a limited number of participants. Registrations will be accepted on a "first come, first served" basis.

For more information or to apply for scholarship aid, please call (802)384-3845 or email info@NewThoughtVermont.com

For those who are able, we encourage you to donate in addition to the registration fee to help with scholarships.

Please mail your check for \$175 with this registration form to:

New Thought Vermont
PO Box 185
Weston, VT 05161

We look forward to sharing the special time with you!



Nobu Fujii / Fuji'image

**GREAT LOVE IN LITTLE WAYS:
A Retreat Regarding Kindness
With Gunilla Norris
October 14 & 15 in Weston, VT**

*Sponsored by New Thought Vermont,
an organization that encourages mystical
wisdom and metaphysical understanding to
nurture personal experience of the Sacred in
everyday life.*

As much as the air we breathe, the water we drink, the earth we stand upon and the sunlight that warms us, we need kindness. It is the fifth element that caresses us and sustains us. Now is the time to invoke and embody kindness to create viable communities for us all.

Together we will be exploring how self-kindness and care are essential to a greater practice of kindness in our families, workplaces and communities. When we open our hearts to the hidden needs we all have and learn to perceive the small and wondrous ways we can share kindness with others, we

will be on the classical path in the spiritual life at the center of all traditions. We will intuit ways suited to our personalities to practice kindness and to extend it to others.

Gunilla Norris, a psychotherapist in private practice for more than four decades, is the author of several books on spirituality as well as books of poetry and books for children. Visit GunillaNorris.com for more information.



Photo by Emma Wertheimer

Situated in the Green Mountains, Weston is known for its natural beauty, spiritual identity, historical and cultural resources, and country stores. Home to the Weston Priory (Benedictine Monks), two historic churches and several other historic buildings, art galleries, the Weston Playhouse and the Vermont Country Store, Weston is a destination. In the village are waterfalls and the historic Mill, where there are stone benches for quiet contemplation. Most of the amenities are within walking distance of the beautiful town green. Walks in nature are also nearby, including those in the National Forest.

RETREAT SCHEDULE

Friday, October 14

Public Presentation at Church On The Hill - 10 to 11:15 am. Suggested donation of \$10.

Time for coffee & conversation – 11:15 am to noon

All retreat sessions will be held in the living room at the Weston Playhouse

Soup and Salad Lunch – 12:30 to 2 pm

Retreat Session I – 2 to 4:30 pm

Saturday, October 15

Retreat Session II – 9:30 am to noon

Lunch and free time – noon to 1:30 pm

Retreat Session III – 1:30 to 4 pm

A Public Poetry Reading at Village Green Gallery – 6:15 to 7 pm Pot Luck Snacks & Beverages; 7 to 8 pm Poetry
Free will donation.



Nobu Fujii / Fuji'Image



Courtesy of Weston Playhouse Theatre Company

OVERNIGHT ACCOMODATIONS

Participants will make their own lodging arrangements. There are many inns and motels in Weston and the surrounding area. Londonderry, Chester and Ludlow are within easy driving distance.

For information/reservations, please call:
Apple Knoll Inn, Weston
Brandmeyer's Mountainside Lodge
Colonial House Inn and Motel, Weston
The Inn at Weston, Weston



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